



**St Minver School Long Term Key Stage 2 P.E. Plan 2022-2023.**

**KS2 P.E. Long Term Plan 2022-2023:** Mixed year group classes have skills and objectives written in different colours corresponding to specific year group skills development. All objectives will be covered in each teaching sequence to ensure progression of skills throughout the Key stage.

**Year 3 objectives: Black**

**Year 4 objectives: Blue**

**Year 5 objectives: Green**

**Year 6 objectives: Purple**

	<b>Lundy Class Year 3</b>			<b>Porthilly Class Year 4/5</b>			<b>Rock Class Year 5/6</b>		
School values	<b>Be brave</b>	<b>Be kind</b>	<b>Belong</b>	<b>Be brave</b>	<b>Be kind</b>	<b>Belong</b>	<b>Be brave</b>	<b>Be kind</b>	<b>Belong</b>
PE	<p><b>Games</b> Primary focus: Netball Increase accuracy in passing shooting. Finding and using space. Applying skills in small-sided games.</p> <p><b>Gym</b> Create sequences using floor and apparatus. Include different types and levels of movement</p>	<p><b>Games</b> Primary focus: Football Increase accuracy of dribbling and passing. In small games: Make increasingly accurate decisions about attacking and defending. Make increasingly good use of space.</p> <p><b>Dance</b> Create and perform a dance with different sections including an action/reaction element.</p>	<p><b>Net and Wall</b> Play a forehand and backhand shot. Serve into a specific area. Use some tactics in an adapted tennis game.</p> <p><b>Striking and fielding</b> Improve accuracy of overhand throw and catching skills fielding skills. Use skills in an adapted rounders-style game.</p> <p><b>Athletics</b> run smoothly at different speeds. jump 1 foot to 2 feet. Throw for distance and height?</p>	<p><b>Games</b> Primary focus: Netball/ Basketball Move into space while dribbling Receive from and pass to a partner accurately. Increase accuracy of shooting. Apply learnt skills to an adapted 5v5 basketball or hi 5 Gym Re-cap individual and passing skills from lower Ks2. select appropriate passes, adapt body position to defend an opponent. successful basketball shot. Play in 5v5 Basketball and full hi 5 netball match</p> <p><b>Gym</b> Partner sequences: Create sequences that begin to show a range of contrasting shapes, actions, levels and ways of travelling. work with a partner create and perform sequence of actions on the floor and apparatus. travel apart/ together showing a range of gymnastic elements. Include partner balances.</p>	<p><b>Games</b> Primary focus: Football Increase accuracy of passing with a partner and in simulated small game drills Move into space</p> <p>Create space within a game situation Make decisions about when it is best to pass around the defenders or take them. Play a position in a team.</p> <p><b>Dance</b> Create and perform a dance with different sections including changes in direction, speed and level. create and perform a dance that has a clear beginning, middle and an end. include travel, jumps and turns in sequence. teach a dance phrase</p>	<p><b>Net and wall</b> develop increasing accuracy with forehand and backhand. Use this accuracy to begin placing shots tactically in small, adapted games.</p> <p><b>Striking and fielding</b> Primary focus: cricket Improve accuracy of overhand throw and catching skills fielding skills. competitive striking and fielding game using skills learnt hit a moving ball consistently using a cricket bat. bowl a ball over arm in a straight line. Field effectively and throw accurately.</p> <p><b>Athletics</b> sprint using an effective action. select a jump for distance. Throw for distance and height. Participate in an athletics competition demonstrating most of the skills learnt to run, jump and throw. Work with a partner suggesting improvements and record results.</p>	<p><b>Games</b> Primary focus: Basketball Netball Tchokeball and handball. Re-cap individual and passing skills select appropriate passes, adapt body position to defend an opponent. successful basketball shot. Play in 5v5 Basketball and full hi 5 netball Play in adapted tchokeball and handball matches.</p> <p><b>Gym</b> With accuracy and control, work with a partner to perform a sequence of 8-10 actions on floor and apparatus. Show elements of counterbalance and counter tension. show a clear and controlled start and finish position. Evaluate performance.</p>	<p><b>Games</b> Primary focus: Rugby Hockey In Rugby: Pass with accuracy, at chest height, whilst running with the ball and apply tactics to select the best ways to attack and defend. Critically evaluate performance</p> <p>In hockey: control the ball whilst moving and pass and receive it in a game. Run into space controlling and passing the ball accurately and looking for intercepting opportunities. Evaluate performance.</p> <p><b>Dance</b> Perform with precision and quality. perform a dance based on topic area. link this into a whole class dance performance.</p>	<p><b>Net and wall</b> develop increasing accuracy with forehand and backhand. Use this accuracy to: begin placing shots tactically in small, adapted games. begin placing shots tactically in short tennis games with slow bounce balls</p> <p><b>Outdoor and adventurous</b> Work sensibly and collaboratively with a partner / group to achieve an outcome. Take part in a competitive orienteering challenge within the school grounds.</p> <p><b>Athletics</b> Recap Ks2 skills Participate in an athletics competition demonstrating skills Work with a partner suggesting improvements and record results.</p>