

# YOUR VOICE MATTERS



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Mental health determines how you think, feel and act.  
Good mental health = positive about yourself and coping well



We want this for you!



- Concentrate/focus
- Do well
- Good relationships at home & school
- Be happy!

Think Feel Act



[My Voice Matters | Children's Mental Health Week 2024 - YouTube](#)

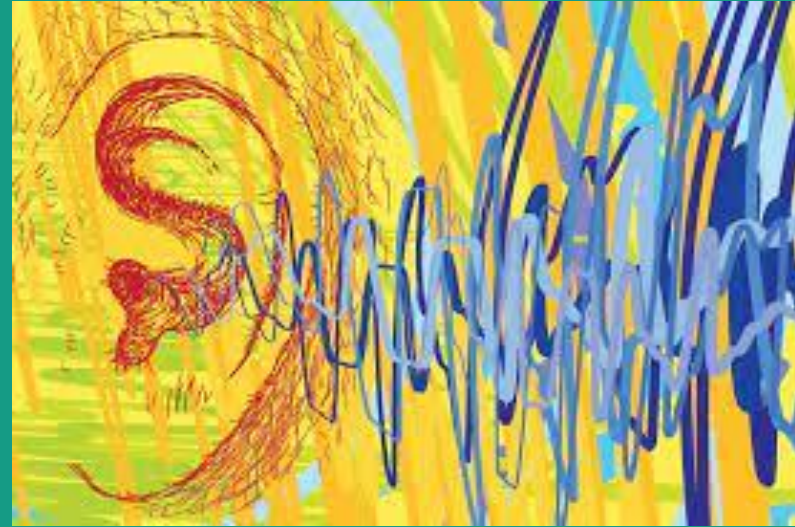
- 54 'rules'
- No 'rule' is more important than another
- ALL children have a right to these things

- 31. The right to relax and play.
- 19. The right to be safe from violence.
- 28. The right to an education.

1 DEFINITION OF A CHILD	2 NO DISCRIMINATION	3 BEST INTERESTS OF THE CHILD	4 MAKING RIGHTS REAL	5 FAMILY GUIDANCE AS CHILDREN DEVELOP	6 LIFE, SURVIVAL AND DEVELOPMENT	7 NAME AND NATIONALITY
8 IDENTITY	9 KEEPING FAMILIES TOGETHER	10 CONTACT WITH PARENTS ACROSS COUNTRIES	11 PROTECTION FROM KIDNAPPING	12 RESPECT FOR CHILDREN'S VIEWS	13 SHARING THOUGHTS FREELY	14 FREEDOM OF THOUGHT AND RELIGION
15 SETTING UP OR JOINING GROUPS	16 PROTECTION OF PRIVACY	17 ACCESS TO INFORMATION	18 RESPONSIBILITY OF PARENTS	19 PROTECTION FROM VIOLENCE	20 CHILDREN WITHOUT FAMILIES	21 CHILDREN WHO ARE ADOPTED
22 REFUGEE CHILDREN	23 CHILDREN WITH DISABILITIES	24 HEALTH, WATER, FOOD, ENVIRONMENT	25 REVIEW OF A CHILD'S PLACEMENT	26 SOCIAL AND ECONOMIC HELP	27 FOOD, CLOTHING, A SAFE HOME	28 ACCESS TO EDUCATION
29 AIMS OF EDUCATION	30 MINORITY CULTURE, LANGUAGE AND RELIGION	31 REST, PLAY, CULTURE, ARTS	32 PROTECTION FROM HARMFUL WORK	33 PROTECTION FROM HARMFUL DRUGS	34 PROTECTION FROM SEXUAL ABUSE	35 PREVENTION OF SALE AND TRAFFICKING
36 PROTECTION FROM EXPLOITATION	37 CHILDREN IN DETENTION	38 PROTECTION IN WAR	39 RECOVERY AND REINTEGRATION	40 CHILDREN WHO BREAK THE LAW	41 BEST LAW FOR CHILDREN APPLIES	42 EVERYONE MUST KNOW CHILDREN'S RIGHTS
43-54 HOW THE CONVENTION WORKS	<b>CONVENTION ON THE RIGHTS OF THE CHILD</b>					

## Article 12

**You** have the right to an opinion and for it to **be listened to** and **taken seriously**.



**So .. who's listening to you?!**

# Your School Council...



- Not just the grown-ups who will listen
- Voted by you
- Will listen to your ideas
- Put your voice forward

# How is your voice being heard?



The screenshot shows the St Minver School website. At the top left is the school crest and the name 'St Minver School'. A blue banner with the motto 'Be brave, be kind, belong.' is on the right. A navigation menu includes 'HOME', 'ABOUT US', 'STATUTORY INFORMATION', 'CALENDAR', 'NEWSLETTERS', 'PARENTS', 'CLASSES', and 'CONTACT'. On the left is a 'About Us' sidebar with links: 'Head of School's Welcome', 'Aspire Academy Trust', 'Governance', 'Our Staff', 'The School Day', 'Health & Wellbeing', 'Equality', 'Vacancies', and 'Our School Council'. The main content area is titled 'Our School Council' and features a group photo of children in school uniforms. Below the photo is a caption: 'Our School Council for the year September 2023 - July 2024!'. A paragraph of text follows, and at the bottom is a blue button with a PDF icon and the text 'SDP 2023-2024 St Minver Children's Contribution.pdf'.

- Meet weekly
- Discuss ideas & opinions
- Work together to make our school great
- Find out more on our school website

# How is your voice being heard?



St. Minver Primary School

## School Development Plan 2023-24

THE CHILDREN'S CONTRIBUTION TO THE DEVELOPMENT OF OUR  
SCHOOL



September 2023 – December 2024

- We are all responsible for making our school the best it can be – your voice matters!
- Always looking at ways to improve

Writing Spelling Art DT Science



# How is your voice being heard?



How can we make spelling fun?



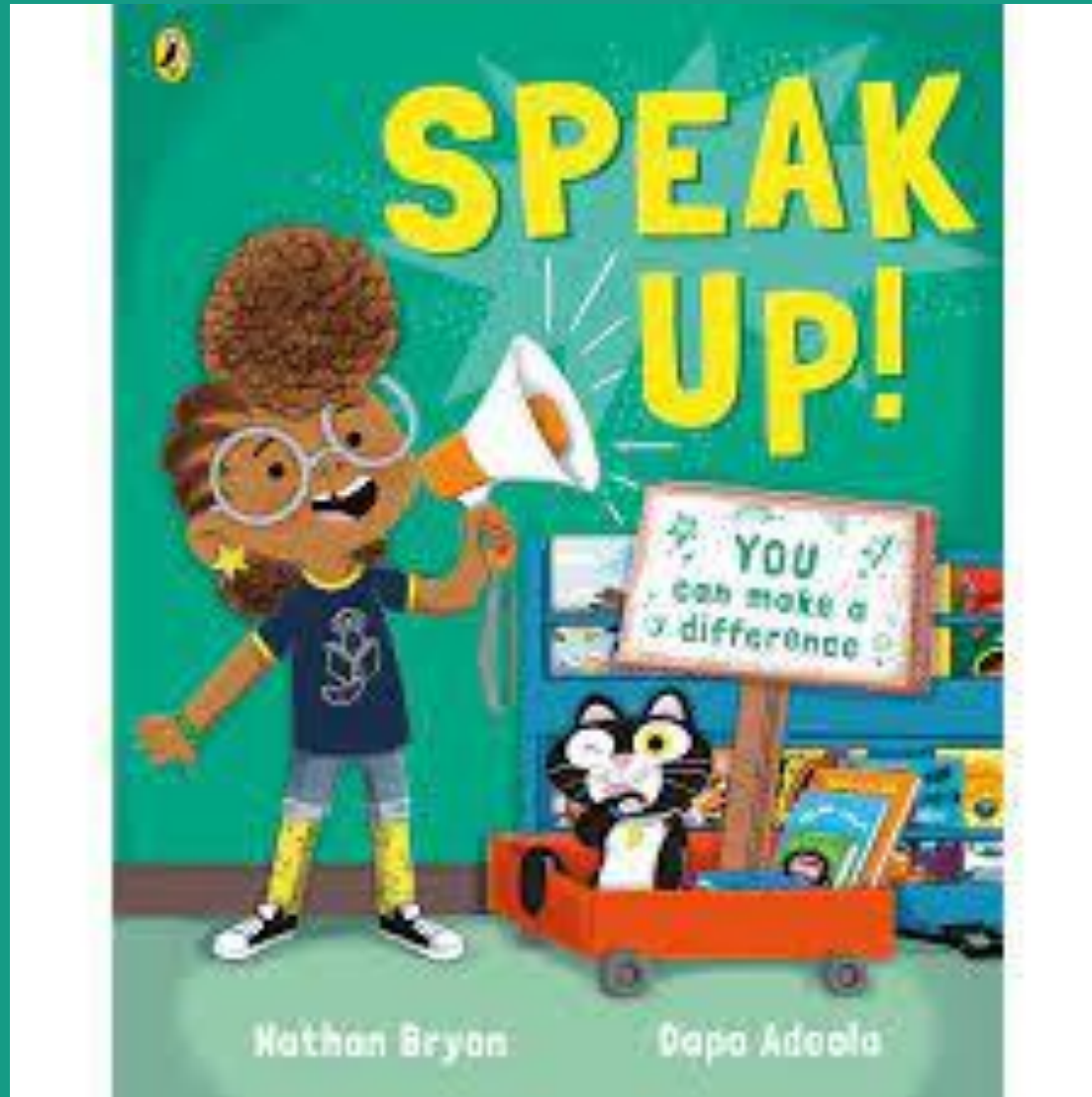
What do we do well and what can we do better?

How can we raise money for our school?



How can we work as a team?





- Use your voice!

- Work together!

“Finding your voice and purpose in life is one thing, but, very often, when it is time to use that voice and make a change, you will need a bit of teamwork to make things happen.”

Marcus Rashford

(from You Can Do It; How to find your voice and make a difference, 2022)





[High School Musical - We're All In This Together \(youtube.com\)](https://www.youtube.com/watch?v=...)