



Aspire Academy Trust – Relationship and Sex Education Policy

Appendix 1 – Curriculum Map

Academy Name	St Minver School
Head of School	Mrs J Rodwell
Date Completed	11.5.21.

Year Group	Autumn		Spring		Summer	
Jigsaw Puzzle Piece	Being me in my world	Celebrating difference	Dreams and goals	Healthy me	Relationships	Changing me
Class R	I help others to feel welcome. I know everyone has the right to learn and I can work well with others.	I accept that everyone is different. I try to solve problems and use kind words.	I can stay motivated when doing something challenging. I have a positive attitude and I can help others.	I make healthy choices and I am physically active. I know how to be a good friend and enjoy healthy friendships.	I know how to make friends and I try to solve friendship problems. I show respect in how I treat others.	I can express how I feel when change happens. I understand and respect the changes that are happening in me and in others.
Year 1	I feel special and safe in my class. I know that I belong in my class and I recognise how it feels to be proud of an	I can tell you how I am different from my friends and understand that these differences make us special and unique.	I can say how it felt when I succeeded in a new challenge and how I celebrated it.	I can tell you why my body is amazing and identify some ways to keep it safe and healthy. I can recognize how being healthy helps me to feel happy.	I can say why I appreciate someone who is special to me and can express how I feel about them.	I can use the correct names for parts of the body including penis, testicles and vagina. I respect my body and understand which



	achievement.					parts are private.
Year 2	I understand the rights and responsibilities for being a member of my class and school. I can listen to other people and contribute my own ideas about rights and responsibilities.	I can identify some ways in which my friend is different from me and why I value this difference.	I can explain some of the ways I worked cooperatively in my group to create an end product. I can express how it felt to be working as part of this group.	I can make some healthy snacks and explain why they are good for my body. I can express how it feels to share healthy foods with my friends.	I can identify some of the things that cause conflict between me and my friends. I can demonstrate how to use the positive problem-solving technique to resolve these conflicts.	I can recognise the physical differences between boys and girls, use the correct names for parts of the body. I can tell you what I like or don't like about being a boy/girl.
Year 3	I recognise my worth and can identify positive things about myself and my achievements. I can set personal goals.	I can talk about how my words affected someone's feelings and what the consequences were. I can give and receive compliments.	I can evaluate my own learning process and identify how it can be better next time. I am confident in sharing my success with others.	I can identify things, people and places that I need to keep safe from and can tell you some strategies for keeping myself safe, including who to go to for help.	I can explain how some of the actions and work of people around the world help and influence my life. I show an awareness of how this could affect my choices.	I can identify how boys' and girls' bodies change on the inside during the growing up process and can tell you why these changes are necessary.
Year 4	I know my attitudes and actions make a difference to the class team. I know how democracy works.	I can talk about how my first impression of someone changed and I can say why it is good to accept people for who they are.	I know how to make a new plan and set new goals even if I have been disappointed. I know what it means to be resilient and to have a positive attitude.	I can recognise when people are putting me under pressure and can explain ways to resist this. I can identify feelings associated with peer pressure.	I can explain different points of view on an animal rights issue and express my own opinion and feelings on this.	I understand that some of my personal characteristics come from my birth parents and from the joining of an egg and sperm. I know that having periods is a change in a



						girl's body necessary for her to have babies.
Year 5	I can face new challenges positively. I understand my rights and responsibilities as a British citizen. I understand how democracy and having a voice benefits the school community.	I can explain the differences between direct and indirect types of bullying. I know how to support children who are being bullied.	I can describe the dreams and goals of a young person from another culture and can reflect on how these relate to my own.	I can describe the different roles food can play in peoples' lives and can explain how people might develop eating problems. I respect and value my body.	I can explain how to stay safe when using technology to communicate with my friends. I recognise and resist pressures to use technology in ways that may be risky or cause harm.	I can describe how boys' and girls' bodies change during puberty. I can express how I feel about the changes that will happen to me during puberty. I understand that sexual intercourse can lead to conception.
Year 6	I know that there are universal rights for all children but for many children these rights are not met. I know that my actions affect other people locally and globally.	I can explain how different can be a source of conflict or celebration and can show empathy with people in either situation.	I can describe some ways in which I can work with other people to help make the world a better place. I can identify why I am motivated to do this.	I can evaluate when alcohol is being used responsibly, anti-socially, or being mis-used.	I can recognise when people are trying to gain power or control. I can demonstrate how I could stand up for myself or others in situations where others are trying to gain power or control.	Puberty and changes to boys' and girls' bodies, self-image, that sexual intercourse, conception and pregnancy, changing feelings and relationships.